



## THANET LIFEGUARD CLUB

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### Code of Conduct for Parents / Guardians

As a Parent / Guardian of a club member at Thanet Lifeguard Club, you have the right to:

- Feel welcomed, valued, and listened to.
- Be respected and treated fairly by the club.
- Be assured that your child, young person, or adult at risk is safeguarded during their time with us.
- Know how to access our club policies, rules, and procedures.
- Know who the Welfare Officer is and how to contact them.
- Know that any concerns about your child's, young person's or adult at risk's welfare will be listened to and responded to.
- Know what qualifications and training those with responsibility for your child, young person or adult at risk have.
- Be informed of problems or concerns relating to your child, young person, or adult at risk, where appropriate.
- Know the procedure should your child, young person or adult at risk be involved in an accident or become injured.

As a Parent / Guardian of a club member at Thanet Lifeguard Club, we expect you to:

#### ESSENTIALS:

- Read and keep a copy of document.
- Teach your child, young person, or adult at risk in my care, to treat everyone equally and not to discriminate on the grounds of age, religious beliefs, care, gender, social classes, lack of ability or any other consideration.
- Make sure your child, young person or adult at risk has the right kit for training and enough drink.
- Ensure your child, young person or adult at risk arrives to sessions on time and is picked up promptly.
- Inform us if you're running late to collect your child, young person, or adult at risk.
- Inform us if your child, young person, or adult at risk is going home with someone else.
- Complete all consent, contact and medical forms and update us straight away if anything changes.
- Maintain a good relationship with your child's coach or teacher.
- Tell us if you wish to talk to us about any concerns regarding your child, young person, or adult at risk. We will arrange a mutually convenient time so you can talk to us.
- Report any concerns about a child, young person, or an adult at risk to the Club Welfare Officer.
- Not enter poolside or interrupt training unless in an emergency.
- Focus on your child's, Young Person's, or Adult at Risk's efforts rather than winning or losing.
- Abide by the sanctions that might be imposed on me in this document.
- Support all efforts to remove verbal, physical and racist abuse from RLSS UK and its clubs.
- Not force an unwilling child, young person, or adult at risk to take part in Club or RLSS UK activities.
- Encourage your child, children, young person, or adult at risk to play by the rules and respect officials, event organisers or any other person responsible for an activity.
- Turn defeat into victory by encouraging your child, children, young person, or adult at risk to improve their skills and demonstrate good sport person behaviour.
- Remember that your child, children, young person, or adult at risk are involved in Club and RLSS UK activities for their enjoyment.
- Be responsible for informing the club or event organisers about any medical condition, illness, disability or additional support needs of the child, young person, or adult at risk.
- Recognise the value and importance of staff and volunteers. They give their time, energy, and resources to provide educational and recreational activities for others including your child, young person, or adult at risk.



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- Not engage in any communication to bring the name of the Club into disrepute or make an inappropriate comment about a fellow participant, club official, event organisers, volunteers, Instructor, Trainers, and Assessors including but not exclusive of social media, email, direct or physical communication.
- Report any suspected misconduct by anyone involved in RLSS UK.
- Promote the clubs rules and code of conduct to others especially those new to the club and RLSS UK activities.
- Be a good example by recognising fair play and applauding good performances including your team or competitor.
- Not behave in a way that would disrespect or harm anyone involved in RLSS UK.
- Insist on fair and disciplined play- do not accept foul play, cheating or any consideration whatsoever with a view to influence activities e.g. sport or competition outcomes.

### BEHAVIOUR:

- Remember that children get a wide range of benefits from participating in one of our sports, like making friends, getting exercise, and developing skills. It is not all about wins and losses.
- Behave positively as a spectator at training and treat others with respect.
- Always conduct yourself in an appropriate manner and display courtesy and good manners to others and act as a positive role model for children and adults at risk.
- Never ridicule or shout at a participant for making a mistake or losing at an event or competition.
- Give encouragement to your child and tell them when they have done well and provide support when they are struggling.
- Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of gender, race, sexual orientation, faith, or ability.
- Respect the committee members, coaching and teaching team and all volunteer helpers at the club.
- Understand that the use of abusive or inappropriate language, bullying, physical violence, or any other behaviour which hurts others will not be tolerated by the club.
- Understand that poor behaviour may result in the club taking disciplinary action.
- Refrain from publicly questioning the judgement or honesty of officials. If you have a complaint, let the person responsible for the activity e.g., Instructor, Trainer, or team manager, to ask the necessary questions and avoid words or conduct which may be inappropriate or mislead an Official.
- Respect the decision of Instructors, Trainers, Assessors, Volunteers, officials, and event organisers, they know about RLSS UK activities including lifesaving, sport or competition and the ability and capability of participants.
- Not attend activities e.g. events, competition or sport under the influence of alcohol or illegal substances.

Note: Breaches of the Code of Conduct may result in disciplinary action being taken against you by the club committee under the judicial regulations. Continued issues and repeated breaches may result in your dismissal from the club.