



THANET LIFEGUARD CLUB

Code of Conduct for Members

As a Member of Thanet Lifeguard Club, you have the right to:

- Feel welcomed, valued, and not judged based on your race, gender, sexuality, faith or ability.
- Enjoy the time you spend with us and know that you are safe.
- Be told who you can talk to if something is not right.
- Be listened to.
- Be encouraged and develop your skills with our help and support.
- Be respected by us and other members and be treated fairly
- Be looked after if there is an accident or injury and have your parents/guardians informed, where appropriate.

As a Member of Thanet Lifeguard Club, we expect you to:

ESSENTIALS:

- Read and keep a copy of this Code of Conduct.
- Keep yourself safe by listening to your coach or teacher, behave responsibly and speak out when something is not right
- Take care of our equipment and premises as if they were your own.
- Make it to training, events and competitions on time and if you are running late, let a member of the club know.
- Make your Instructor or Trainer aware if you have any difficulties attending training or competitions.
- Not wander off or leave training or a competition without telling your Instructor, trainer, or team manager.
- Bring the right kit to training and competitions.
- Follow the rules of the club or activity at all times.
- Promote clubs' rules, policies, procedures, guidance, and codes of conduct to other participants especially those new to the club.
- Respect the privacy of others, especially in the changing rooms.
- Be a positive role model and a good ambassador for the Club and act in a way that displays the values of RLSS UK.
- Be responsible for my actions and conduct myself in an appropriate manner and display courtesy and good manners to others.
- Play fairly within the rules of the sport, competition or event and never deliberately cheat or be dishonest.
- Be responsible for informing my club or event organisers about any known medical condition, previous injuries, illness, disability or additional support needs that may affect my participation in activities, sports, competition and events.
- Always remember that the aim of participating in RLSS UK activity including lifesaving is to improve my skills, it is not about the results.
- Report any concerns about myself or others especially, children or adults at risk to the Club Welfare Officer

BEHAVIOUR:

- Make our club and activity a fun, happy, friendly, and welcoming place to be.
- Respect and celebrate difference in our club or activity and not discriminate against anyone else on the grounds of age, gender, race, sexual orientation, faith, or ability.
- Understand that the use of abusive or inappropriate language, bullying, physical violence, or any other behaviour which hurts others will not be tolerated by the club.
- Not use any device to take photographs or footage of others in the changing rooms or cubicles.



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- Report any concerns you have about others taking photographs or footage of others in the changing rooms or poolside.
- Understand that poor behaviour may result in the club taking disciplinary action against you. Any behaviour which may be a criminal offence will be reported to police by the club.
- Report any incidents of bullying or unkind behaviour to the club, even if you are just a witness.
- Treat other children with respect and appreciate that everyone has a different level of skill or talent.
- Support and encourage your teammates, tell them when they have done well and be there for them when they are struggling.
- Respect the children and adults competing for other teams at competitions.
- Respect and cooperate with everyone and never engage in abusive peer behaviour e.g., take unfair advantage of others, pick on or make fun of each other including displaying bullying, offensive, discriminatory, or aggressive/inappropriate behaviour or language.
- Respect the committee members, coaching and teaching team and all volunteer helpers
- at the club.
- Accept the decisions of Officials without question or complaint. If you have a complaint, please speak to the person responsible for the activity e.g. Your Instructor, Trainer or Team Manager.
- Accept success and failure, victory and defeat with humility and dignity and without excessive emotional displays.
- Abide and follow the instructions given by the person responsible for the activity or event provided it does not contradict the Codes of Conduct.
- Applaud good performance of other participants regardless of the team they play for.
- Abide by disciplinary sanctions that might be imposed on me.
- Treat everyone equally and do not discriminate on the grounds of age, religious beliefs, race, gender, social classes, lack of ability or any other consideration.
- Respect and cooperate with everyone and never engage in abusive peer behaviour e.g. take unfair advantage of others, pick on or make fun of each other including displaying bullying, offensive, discriminatory or aggressive/inappropriate behaviour or language.
- Not do and say anything that will bring RLSS UK and the Club into disrepute for e.g. making an inappropriate comment or communication about a fellow participant, club official, event organisers, volunteer, staff or coach/instructor/trainer/assessor including but not exclusive of social media, email, direct or physical communication.
- Learn to accept success and failure, victory and defeat with humility and dignity and without excessive emotional displays.

Note: Breaches of the Code of Conduct may result in disciplinary action being taken against you by the club committee under the judicial regulations. Continued issues and repeated breaches may result in your dismissal from the club.



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